Psychological Counseling Services
Flow chart of steps taken with sexual assault victim/survivors
At the Psychological Counseling Services, privacy and confidentiality are basic tenets; at any point in seeking help, you may request private attention away from the reception area (just say “It’s private”).

To obtain Psychological Counseling Services, you can call 609-771-2889 or stop by the office in Eickhoff Hall 107. You will be asked to fill out a request form (Remember, privacy is available upon request).

You can speak (privately, if desired) to the receptionist. If you reveal that the situation involves a sexual assault, the receptionist will arrange an appointment ASAP with a counselor and either gender can be requested.

When you meet with a counselor, you will be able to learn, discuss, and review options. Resource materials describing your options will be available (e.g. Survivor’s Guide to Sexual Assault).

Choice to use Psychological Counseling Services?

Yes

If you choose counseling with Psychological Counseling Services, you will be offered brief (8 sessions/academic year) counseling at no cost.

If your needs exceed our brief counseling model, you can be referred to an appropriate local provider.

No

If you choose, a referral to ongoing counseling at Womanspace or another suitable outside provider can be arranged.

As a survivor of sexual assault, you can choose which resource(s) to access:
- Womanspace
- TCNJ Office of Anti-Violence Initiatives
- Health Services
- Campus Police
- Community Standards
- Mercer County Sexual Assault Response Team (S.A.R.T.)

The resource(s) will be involved as you choose and as needed.

Upon successfully completing counseling or the referral process, your counselor will ask if it is alright to follow up. With your consent, your counselor will contact you based on your preferences.