“Oh my God! That’s so retarded!”

retarded (adj) - slow or limited in mental, physical or emotional development

Did you mean?
That’s so absurd!
messed up!
ridiculous!

Think about the power your words can carry.

Using the word “retarded” in a degrading manner can be hurtful to persons with limitations or hidden disabilities. The fact that persons with disabilities have sex lives tends to go unacknowledged, which makes it difficult to view them as potential victims. In fact, they have an increased risk of being sexually assaulted in comparison to persons without disabilities.